



# The role of Coach

Coaches play a vital role in the sport of Netball through their interaction with their players, managers, and in conjunction with their Association who are committed to providing education, development and resources for coaches at all levels to increase their knowledge and understanding of the game.

It is also important that coaches are valued for their role and enjoy a fun and rewarding experience along their coaching pathway.

Coaches provide a safe environment for their players which leads to and builds on skill development, tactical awareness, teamwork and enjoyment of the game. The role of the coach is imperative to the continued success of the game and athletes from the grassroots program (NetSetGO) to the higher levels.

Good luck with your coaching and thank you for playing a pivotal role within the sport.

# Objectives of a Coach

To provide a fun and engaging environment for players to

- enjoy netball,
- learn new technical skills and strategies, and
- learn soft skills like teamwork, resilience and perseverance.

# Responsibilities and Duties

- Teach players the rules of the game and how to interpret these in game play
- Teach players the skills of the game and work to continually improve and learn new skills as the players motor skills develop with age.
- Provide a safe environment for their players which leads to and builds on skill development, tactical awareness, teamwork and enjoyment of the game
- Determine positions on game day
- Ensure all players turning up on match day are to receive at least half a game (unless they decline or are injured).
- Understand what is acceptable and appropriate behaviour
- Ensure participants are performing skills safely at all times
- Take attendance register and note absences
- Liaise with Head Coach, Richanda Kassman or senior coaches, for guidance to prepare for sessions if required.
- Teach activities in an interesting and inspiring way to players.

- Be a role model by showing respect for all and fair play
- Give players time to think, reflect and make decisions for themselves
  
- Offer positive advice, encouragement and feedback to players. Use the “good, better, how” method to communicate areas for improvement.
  - Explain to the player what they are doing GOOD.
  - Then explain to the player where there is opportunity to do things BETTER And HOW they can do that.
  
- Ensure sessions are delivered at the appropriate level for the participants, adjust skills as needed to ensure the session is effective
- Work to a high ethical standard at all times, particularly in relation to issues such as child safeguarding, health and safety
- Show commitment and enthusiasm
- Award Player of the Week
- Celebrate participants involvement and successes so that they feel valued

## Knowledge and Skills Required

- Good interpersonal and communications skills.
- Be approachable, encouraging, respectful, inclusive
- Knowledge of the CNA By-Laws.
- All Sharks coaches should have completed foundation level coaching course as a minimum.
- It is Sharks intent that coaches progress to development level coaching where possible to ensure comprehensive knowledge and skills in coaching